

## DELTA RELAX ASCONA SWITZERLAND

# PRICE LIST Open all year round

# COSMETICS

TIP

Facial treatments	CHF
O2Lift Image oxygen treatment*	60 min. 170
Image Moisturising, lifting treatment*	60 min. 160
Classic facial cleansing with vapozone	90 min. 160
Image Quick balancing treatment	30 min. 90
Microneedling treatment	60 min. 200

\*After treatment, it is recommended not to be exposed to the sun for two days

Eyes	CHF
Eyelash dye	40
Eyebrows dye	30
Eyelash & Eyebrows dye	60
Eyebrow correction	from 25
Eyelash lamination	120
Manicure	CHF
Manicure without nail polish	55
Manicure with nail polish	60
Manicure with semi-permanent nail polish	70
Pedicure	CHF
Pedicure without nail polish	70
Pedicure with nail polish	75
Pedicure with semi-permanent nail polish	85

Women's hair removal*	CHF
Upper lip/chin	20
Face	50
Normal/full bikinizone	30/40
Underarms	20
Half/full Arms	35/50
Half/full legs	50/70
Half legs + bikinizone + underarms	85
Full legs + bikinizone + underarms	110

\*Each delicate area (face, bikini and underarms) treated with resin for SKIN'S hair removal has +15% on the list price

For men	15.91	CHF
Chest wax		65
Back wax		65
Legs wax		75 CHF

## Beauty massages

Sculptural Face LiftingYakov Gershkovich method60 min. 130.-

# MASSAGES

#### 25/50/80 min. CHF 80.-/130.-/200.-

#### Classical Massage

This massage is one of the oldest forms of physical therapy to relieve pain and decontract the body's tissues.

#### Sports massage

Helps revitalise muscle tissue and ligaments before and/or after sports activities.

#### Aromatic massage

Body massage with different types of fragrant essential oils.

#### Lymph drainage

Lymph drainage is a special type of manual therapy used to drain accumulated fluids in the body.

#### Plantar reflexology

Foot reflexology, through stimulation of reflex body zones on the foot, rebalances physical and psychic functions.

### Massages & Special Treatments

#### 25/50/80 min. CHF 80.-/130.-/200.-

#### Hot Stone massage

Holistic massage with oil and hot lava stones. Pleasantly relaxing and purifying, harmonises mind and body

### Craniosacral therapy

Through a gentle technique, self-regenerative forces are set in motion to heal trauma and psycho-physical dysfunctions.

### Crystal Therapy Treatment

Crystal therapy is a holistic discipline focusing on the use of crystals, stones and minerals of various shapes and colours placed in different parts of the body in order to re-harmonise energy in the physical, mental and emotional body. It may be accompanied by chants or sounds.

## 50-80 min.

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#### 50-80 min.

25-50 min.

25-50 min.

### Massages from some ancient peoples

#### 25/50/80 min. CHF 80.-/130.-/200.-

#### Andean Massage - QHAQHOY

Andean Massage is an ancient Peruvian shamanic treatment that aims to harmonise an excess or dispersion of energy, due to the accumulation of tension, by releasing the flow of energy through the stimulation of lunar(Ki) solar(Ti) energy.

#### LOMI LOMI Massage

Traditional Hawaiian treatment that promotes psycho-physical-emotional well-being through connection with spiritual forces.

#### Lomi Pa'akai Massage

Hawaiian massage with warm oil and aromatic salt. Gives a relaxing, exfoliating and draining effect. It cleanses the etheric field of the organism and cleanses it of energy interferences that cause tiredness and psycho-emotional malaise.

#### **INKA HEALING treatment**

Shamanic energy treatment for aura cleansing and psycho-physical-emotional healing, derived from the right side of the Andean Tradition.

### Essenian CHAKRA Balancing Treatment

This type of treatment was performed by the ancient Essenes priests, a people who lived in Palestine at the time of Jesus. It serves to tune the Chakras to the energy of the heart, helping one to get back in touch with oneself and to bring clarity on a mental and emotional level.

### HARA abdomen and back treatment

This massage is part of the ancient Japanese tradition and leads to the release of physical and emotional tensions caused by stress. It provides significant benefits to the organs, particularly those involved in digestion and breathing, and helps increase blood flow and eliminate toxins.

#### **REIKI** treatment

An ancient Tibetan energy technique, it promotes physical relaxation, greater mental concentration and emotional balance.

50-80 min.

#### 25-50 min.

### 50-80 min.

#### 50-80 min.

25-50 min.

50-80 min.

## Wellness, Fitness, Relax

### **Opening Hours**

Every day 365 days a year. Reservations welcome.

Fitness and indoor pool	L 1/1	08.00 - 20.00
Outdoor pool	101	08.00 - 19.00
Wellness & SPA winter	Mon - Fri 15.00 - 20.00 / Sa	t - Sun 11.00 - 20.00
Wellness & SPA summer		15.00 - 20.00

### Entrance fees to Delta Relax, pools and park

Daily Entrance	65 p.P.
10 daily entrance passes	585
Monthly Subscription	350 p.P
Half-Year Subscription	1450
Annual Subscription	2500

### Delta SPA Suite

A SPA Suite for couples to enjoy the luxury of relaxing in private, with direct access to the park, whirlpool, sauna, Turkish bath and relaxation area. Complimentary bottle of prosecco or carafe of non-alcoholic cocktail and fresh fruit. Advance booking required.

120 minutes in a couple or alone	350
Additional persons	50 p.P.
Additional hours	150 p.h.

### Condizioni

No entry fees or automatic contract renewal clauses. DELTA RELAX entry from 16 years of age.

Subscriptions and Entrances Children and teenagers aged 3-16 years 50% off adult prices (park and pool only and accompanied by an adult).

Season tickets and admissions are personal and non-transferable.

The Parkhotel Delta reserves the right to change prices and opening times without prior notice. The following services are included in the price

- Set with one bathrobe, one towel and slippers
- Use of the heated indoor (all year round) and outdoor pools (March to October)
- Use of the park with sun loungers, parasols, minigolf, table tennis, children's playground
- Use of the whirlpool area, saunas, Turkish bath, relaxation, showers and changing rooms
- Use of the Tecnogym fitness centre
- Use of the sun terrace